# YVCA IS ON A MISSION

FALL 2023

### **Guys Night Out set for Oct. 28**

Event to raise funds for Sojourner's Shelter for Homeless Women & Families

For more information, visit GuysNightOutCharleston.com

A LOOK INSIDE:

This yearly fall event for guys in the Kanawha Valley is made to cheer on the West Virginia University Mountaineers, taste the best chicken wings around and enjoy ice cold beer all in an effort to raise funds for Sojourner's Shelter for Homeless Women & Families.

Funds from this event help provide essential services to those in our community. In the past year, Sojourner's provided 432 homeless individuals with 20,319 nights of shelter, 52,530 nutritious meals and healthy snacks, and 5,234 hours of case management and 2,312 hours of supportive counseling. And thanks to the hard work of both the residents and staff, 50% of participants secured employment and 82% obtained permanent housing!



JOIN US FOR THE GREATEST TAILGATING EVENT SOUTH OF THE BLUE LOT!

eliminating racism empowering women **YWCA** Charleston, WV

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### RETURNS TO IN-PERSON NOVEMBER 12<sup>TH</sup>

We are thrilled to announce the return of an exciting culinary event that tantalizes your taste buds and supports a fantastic cause: the YWCA Charleston Foodie Feast!

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Taking place on Sunday, November 12th at Beni Kedem Temple, this delectable event focuses on raising funds to support the YWCA's Sojourner's Shelter for Homeless Women & Families. More than just a homeless shelter, YWCA Sojourner's is a program with comprehensive services that build the bridge for families between homelessness and sustainable self-sufficiency. As they say at the shelter: 'We give you a bed and a reason to get out of it!"

By purchasing a ticket to Foodie Feast, you'll not only savor delicious dishes but also contribute to positive change in our community.

LEARN MORE AND GRAB YOUR TICKETS

YWCACHARLESTON.ORG/FOODIEFEAST



#### **CELEBRATING SUCCESS**

Bailey entered the YWCA Sojourner's Shelter for Homeless Women & Families on April 13, 2023. At 25 years old, Bailey had never had a permanent place of residence in her entire life. She shuttled between family members as a child and then, as a teen, bounced between juvenile detention facilities. Since becoming an adult, Bailey had continued her transient state of living; moving between friends and boyfriend's houses or living on the streets. She finally decided she wanted to go a different direction in life when she found out she was 12 weeks pregnant.

The day she became a Sojourner's resident, Bailey was already looking for employment and housing but wasn't sure what she needed to do to make her dreams a reality. Bailey began meeting with staff members daily to get assistance with her job and housing searches. She visited the Margaret Taylor Job & Education Readiness Center regularly and received vital support while looking for employment.

The Housing Coordinator assisted Bailey by showing her various properties in the city within her price range. The Case Manager helped make a budget and ensure past utility bills or landlord bills wouldn't become a barrier to future housing. Bailey also worked with the Mental Health Specialist and on-site Therapist to manage her mental health needs as being homeless and pregnant can be very stressful! During this time, Bailey accepted a job at CAMC as a nutrition technician, and decided on an apartment in Kanawha City to be her first stable, permanent home. Sojourner's assisted with her first month's rent and deposit. The Housing Coordinator and Community Engagement Specialist helped Bailey move into her new apartment and supplied her with much-needed housewares such as a bed, mattress, pots, and pans.

Thanks to all the support that Bailey received at Sojourner's, along with her grit and determination to better her own situation, Bailey was able to move into an apartment in less than a month. Bailey is grateful for the assistance and is excited for what the future may bring for her and her baby. Bailey's success is possible because of generous supporters of the YWCA Sojourner's Shelter for Homeless Women & Families. In the 2022-2023 fiscal year, the annual Guys Night Out and Foodie Feast events helped support the needs of more than 458 individuals, 75 of whom were children. We are glad that Bailey made so many positive changes in her life with support from Sojourner's and through your generous support.

\*\*\* To safeguard the client's identity, their name and photo have been replaced.

### VOLUNTEER SPOTLIGHT

We are incredibly proud to spotlight Morgandy Nichols, a 17-year-old senior ar St. Albans High School, and the YWCA's youngest Board of Directors member.



MORGANDY NICHOLS

As part of her board appointment, Morgandy honorably serves as a member of the YWCA Human Resources Committee and YWCA Program Committee. Additionally, she has been a remarkable asset in assisting with some of our organization's most integral fundraising including the Race to End Racism and Girl's Night Out. She has also given countless hours of her time in support of the YWCA's mission by providing assistance during Human Trafficking Awareness Day, coordinating food bank pick-ups, event preparation, and even serving hot chocolate at Holly Jolly Brawley.

Prior to joining the Board of Directors, Morgandy's gentle spirit led her to volunteer at the YWCA Shanklin Center for Senior Enrichment, thus beginning her strong connection to the YWCA. She has built a beautiful connection with the ladies of the Shanklin Center, who often treat her as if she is their own granddaughter.

Morgandy's commitment to the YWCA, and the positive impact she continues to make in our community, are inspiring and humbling. We look forward to supporting her through the remainder of her senior year and as she navigates the future. We know that her generous and enigmatic personality will bring her great success!



#### THANK YOU TO ALL OF OUR 2023 GNO SPONSORS, DONORS, AND ATTENDEES

Together, we raised funds to meet the needs of domestic violence survivors from our communities in the coming year. You have given the gift of hope. Thank you for your support!





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#### 2023 LEADERS FOR CHANGE

United Way Of Central West Virginia Corporate partners whose support sustains YWCA Charleston so that we can continue to serve the most vulnerable in our communities. Together, we work to promote peace, justice, freedom, and dignity for all.

### SAVE THE DATE!

peace

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**dignity** Appalachian Power City National Bank Element Federal Credit Union J.P. Morgan Chase Optimum United Bank

## Women of Achievement



Mark your 2024 calendars now to support the 8th annual Race to End Racism, a 5K Run/1 Mile Walk, and YWCA Women of Achievement!

> WOMEN OF ACHIEVEMENT MARCH 8, 2024

> > RACE TO END RACISM APRIL 27, 2024